

Verse 3

Make every effort to keep the unity of the Spirit through the bond of peace.

Verse 12b-13

The body of Christ may be built up, until we all reach unity in the faith and in the knowledge of the Son of God and become mature.

1

Ephesians 4:22-24

22 You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; 23 to be made new in the attitude of your minds; 24 and to put on the new self, created to be like God in true righteousness and holiness.

2

Ephesians 4:25-28

25 Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body. 26 “In your anger do not sin”[a]: Do not let the sun go down while you are still angry, 27 and do not give the devil a foothold. 28 Anyone who has been stealing must steal no longer, but must work, doing something useful with their own hands, that they may have something to share with those in need.

3

Ephesians 4:29-32

29 Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. 30 And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. 31 Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. 32 Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

4

Section 1

Maintaining unity isn't about all thinking the same but it's about how we treat each other, and how we protect relationships.

How we respond to offence or difference is going to be the key to whether we harvest and maintain unity.

The Holy Spirit is the greatest counsellor and will help guide you through this transformation of putting on your new self and creating you more like God in righteousness and holiness.

5

Section 2

Showing kindness and forgiveness is some of the purest forms of imitating God

Showing humility and having child like faith is what God loves

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