





Mark 2:10-12: “I tell you, **get up, take your mat and go home.**” He got up, took his mat and walked out **in full view of them all.**

v. 34-35 - ‘Aeneas,’ Peter said to him, ‘*Jesus Christ heals you. Get up and roll up your mat.*’ Immediately Aeneas got up. **All those who lived in Lydda and Sharon saw him** and turned to the Lord.

Mark 5:38-43: After he **put them all out**, he took the child's father and mother and the disciples who were with him, and went in where the child was. He **took her by the hand** and said to her, "Talitha koum!" (which means "**Little girl, I say to you, get up!**").

v. 40-41 - Peter **sent them all out of the room**; then he *got down on his knees and prayed*.

Turning towards the dead woman, he said, '**Tabitha, get up.**' She opened her eyes, and seeing Peter she sat up. He **took her by the hand** and helped her to her feet.

v. 40-41 - Peter sent them all out of the room; then he ***got down on his knees and prayed.*** Turning towards the dead woman, he said, 'Tabitha, get up.' She opened her eyes, and seeing Peter she sat up. He took her by the hand and helped her to her feet.

v. 34-35 - 'Aeneas,' Peter said to him, **'Jesus Christ heals you.'** Get up and roll up your mat.' Immediately Aeneas got up. All those who lived in Lydda and Sharon saw him and turned to the Lord.





31 Then the church throughout Judea, Galilee and Samaria enjoyed a time of peace and was strengthened. **Living in the fear of the Lord and the comfort of the Holy Spirit,** it increased in numbers.

Fearing God means that God is in your mind and heart so powerful and so holy and so awesome that you would not dare to run away from him, but only run to him.

In other words fearing God is not another requirement. It's the way you do covenant-keeping; it's the way you receive Jesus; it's the way you come to Jesus.

- John Piper

*Father, help me to live this day to the full,
Being true to You in every way.*

*Jesus, help me to give myself away to others,
Being kind to everyone I meet.*

*Spirit, help me to love the lost,
Proclaiming Christ in all I do and say.*

Amen.