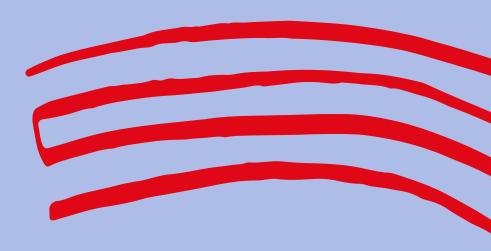


6am Thursday 9 December - 6am Friday 10 December



'The light shines in the darkness, and the darkness has not overcome it.'

John 1:5 | Theme for December



6-7AM | STRETCH PRAYER

PHYSICAL MEDITATION, GENTLE BODY STRETCH AND PRAYER w/ MALCOLM & LUCY BOURNE

7-8AM DAWN WORSHIP

A SOAKING SPACE w/ JULIA LOVELESS

8-9AM | SCRIPTURE & INTERCESSION

SCRIPTURE-BASED PRAYER w/ ONI MILNE

9-10AM | A BRISTOL BLESSING

PRAYING BLESSING ON OUR NEIGHBOURHOODS AND CITY W/ PAUL LANGHAM

10-11AM | A VIRTUAL PRAYER WALK AROUND BRISTOL

A VIRTUAL PRAYER WALK AROUND THE CITY STOPPING AT SPECIFIC PLACES TO PRAY w/ CLUFF & DI NOON

11-12PM | SENIORS PRAYER

AN HOUR FOR OUR SENIORS TO GATHER AND PRAY W/ JANET LEE

12-1PM | BRISTOL FAMILIES

PRAYING FOR FAMILIES ACROSS BRISTOL WITH PRAYER PROMPTS AND MUSIC w/ JENN ELLIS

1-2PM PRAYING FOR BRISTOL

PRAYING FOR THE NEEDS OF OUR CITY w/ NICK CARTER

2-3PM | THE WORLD & MISSION

AN OPPORTUNITY TO PRAY FOR THE NEEDS OF THE WORLD AND MISSION w/ JANET LEE

3-4PM | AN HOUR OF WORSHIP MUSIC

AN OPPORTUNITY TO LISTEN TO WORSHIP MUSIC AND LET IT INSPIRE YOUR PRAYERS

4-5PM | PRAYING FOR OUR YOUNG PEOPLE

PRAYING FOR OUR YOUNG PEOPLE AND THE CHALLENGES
THEY FACE w/ RUTHY LILLINGTON

5-6PM | SOCIAL JUSTICE

USING PICTURES TO HELP US PRAY FOR ISSUES OF SOCIAL JUSTICE IN BRISTOL w/ MARK & CAROLINE ORRIS

6-7PM | PRAYNG THE ARMOUR OF GOD

FOCUSING ON THE ARMOUR OF GOD AND PRAYING FOR GOD TO UNLOCK MORE OF IT IN OUR LIVES, BRISTOL AND THE WORLD w/CHRIS & BETH FRENCH

7-8PM | SOAKING IN THE WORD

SCRIPTURE READINGS ON THE THEME OF PEACE WITH SHORT PAUSES FOR MEDITATION W/ SOPHIE BROWN

8-9PM | PRAYING INTO CLIMATE CHANGE

PRAYING FOR GOD'S CREATION, ESPECIALLY IN BRISTOL w/ GRAHAM & MAGGIE STUART & PAIK SUN GREEN

9-10PM | PRAYING FOR YOUR PATCH

PRAYING FOR PARTICULAR WARDS OF BRISTOL WITH SPECIFIC ISSUES w/ SIMON & KATIE HYGATE

10-11PM | PRAYER FOR OUR HOMES

PRAYING FOR OUR HOMES, RELATIONSHIPS AND FAMILY LIFE w/ DAVID & SARAH ABELL

11-12AM | WORSHIP SONGS & IMAGES

WITH SPACE TO PRAY INTO WHAT WE SENSE GOD IS SAYING w/ SHARON PARSONS

12-1AM | PRAYING THE PSALMS

PRAYING THROUGH THE PSALMS w/ MICHAEL & NAOMI SHARP

1-2AM | PRAYERS OF LAMENT

PRAYERS OF LAMENT FOR OUR CITY w/ SARA WADSWORTH

2-3AM | LISTENING TO THE HOLY SPIRIT

LISTENING TO THE HOLY SPIRIT AND PRAYING THROUGH SCRIPTURE w/ CHRIS BROWN

3-4AM | 'LET YOUR LIGHT SHINE'

PRAYING IN DIFFERENT WAYS FOR GOD'S LIGHT TO SHINE THROUGH US w/ KAMRAN ZAHID

4-5AM | SOCIAL JUSTICE

A TIME OF REFLECTION, LAMENT AND PETITION, FOCUSING ON RACIAL JUSTICE W/ CHLOE YEUNG

5-6AM | DREAMING & DISCERNING

HEARING AND RESPONDING TO THE DREAMS, VISIONS AND BOLD PROMISES GOD HAS CALLED US TO w/ JAKE HODGES