





'A gentle answer turns away wrath, but a harsh word stirs up anger.'

Proverbs 15:1 | Theme for October



6-7AM | STRETCH PRAYER

PHYSICAL MEDITATION, GENTLE BODY STRETCH AND PRAYER w/ MALCOLM & LUCY BOURNE

7-8AM | DAWN WORSHIP

A SOAKING SPACE w/ JULIA LOVELESS

8-9AM | SCRIPTURE & INTERCESSION

SCRIPTURE-BASED PRAYER W/ LAURA BEAMENT

9-10AM | A BRISTOL BLESSING

PRAYING BLESSING ON OUR NEIGHBOURHOODS AND CITY w/ PAUL LANGHAM

10-11AM | A VIRTUAL PRAYER WALK AROUND BRISTOL

A VIRTUAL PRAYER WALK AROUND THE CITY STOPPING AT SPECIFIC PLACES TO PRAY w/ CLUFF & DI NOON

11-12PM | SENIORS PRAYER

AN HOUR FOR OUR SENIORS TO GATHER AND PRAY w/ JANET LEE

12-1PM | BRISTOL FAMILIES

PRAYING FOR FAMILIES ACROSS BRISTOL WITH PRAYER PROMPTS AND MUSIC w/ JENN ELLIS

1-2PM | PRAYING FOR BRISTOL

PRAYING FOR THE NEEDS OF OUR CITY

w/ NICK CARTER

2-3PM | THE WORLD & MISSION

AN OPPORTUNITY TO PRAY FOR THE NEEDS OF THE WORLD AND MISSION w/ FRANCESCA ELLOWAY

3-4PM | PRAYING FOR CHILDREN & SCHOOLS

PRAYING FOR CHILDREN IN OUR LOCAL COMMUNITY, TRANSORMING LIVES FOR GOOD, BRISTOL SCHOOLS CONNECTION AND THE CHRISTMAS EXPERIENCE W/EMELYE CHANOT

4-5PM | PRAYING FOR OUR YOUNG PEOPLE

PRAYING FOR OUR YOUNG PEOPLE AND THE CHALLENGES THEY FACE w/ RUTHY LILLINGTON

5-6PM | SOCIAL JUSTICE

USING PICTURES TO HELP US PRAY FOR ISSUES OF SOCIAL JUSTICE IN BRISTOL W/ MARK & CAROLINE ORRIS

6-7PM | PRAYNG THE ARMOUR OF GOD

FOCUSING ON THE ARMOUR OF GOD AND PRAYING FOR GOD TO UNLOCK MORE OF IT IN OUR LIVES, BRISTOL AND THE WORLD w/CHRIS & BETH FRENCH

7-8PM | SOAKING IN THE WORD

SCRIPTURE READINGS ON THE THEME OF PEACE WITH SHORT PAUSES FOR MEDITATION W/ HANNAH GIBNEY

8-9PM | PRAYING INTO CLIMATE CHANGE

PRAYING FOR GOD'S CREATION, ESPECIALLY IN BRISTOL W/ GRAHAM & MAGGIE STUART & PAIK SUN GREEN

9-10PM | PRAYING FOR YOUR PATCH

PRAYING FOR PARTICULAR WARDS OF BRISTOL WITH SPECIFIC ISSUES w/ SIMON & KATIE HYGATE

10-11PM | PRAYER FOR OUR HOMES

PRAYING FOR OUR HOMES, RELATIONSHIPS AND FAMILY LIFE W/ NICK & TAVI PRICE

11-12AM | WORSHIP SONGS & IMAGES

WITH SPACE TO PRAY INTO WHAT WE SENSE GOD IS SAYING W/ SHARON PARSONS

12-1AM PRAYING THE PSALMS

PRAYING THROUGH THE PSALMS w/ MICHAEL & NAOMI SHARP

1-2AM | PRAYERS OF LAMENT

PRAYERS OF LAMENT FOR OUR CITY w/ SARA WADSWORTH

2-3AM | LISTENING TO THE HOLY SPIRIT

LISTENING TO THE HOLY SPIRIT AND PRAYING THROUGH SCRIPTURE w/ CHRIS BROWN

3-4AM | 'LET YOUR LIGHT SHINE'

PRAYING IN DIFFERENT WAYS FOR GOD'S LIGHT TO SHINE THROUGH US w/ KAMRAN ZAHID

4-5AM SOCIAL JUSTICE

A TIME OF REFLECTION, LAMENT AND PETITION, FOCUSING ON RACIAL JUSTICE W/ CHLOE YEUNG

5-6AM | DREAMING & DISCERNING

HEARING AND RESPONDING TO THE DREAMS, VISIONS AND BOLD PROMISES GOD HAS CALLED US TO W/ JAKE HODGES