The Lord's prayer

Give us today our daily bread

Maslow's hierarchy of needs ACTUALIZA-TION morality, creativity, spontaneity, acceptance, experience purpose, meaning

SELF-

and inner potential

confidence, achievement, respect of others the need to be a unique individual

LOVE AND BELONGING friendship, family, intimacy, sense of connection

SAFETY AND SECURITY health, employment, property, family and social ability

PHYSIOLOGICAL NEEDS

breathing, food, water, shelter, clothing, sleep



Acts 12v1-3 It was about this time that King Herod arrested some who belonged to the church, intending to persecute them. ² He had James, the brother of John, put to death with the sword. ³ When he saw that this met with approval among the Jews, he proceeded to seize Peter also. This happened during the Festival of Unleavened Bread ⁴ After arresting him, Herod put Peter in prison, handing him over to be guarded by four squads of four soldiers each. Herod intended to bring him out for public trial after the Passover.

⁵ So Peter was kept in prison, but the church was **earnestly** praying to God for him.

seriously solemnly gravely soberly sincerely intently resolutely firmly ardently fervently warmly keenly eagerly Intensely unremittingly earnestly

⁶ The night before Herod was to bring him to trial, Peter was sleeping between two soldiers, bound with two chains, and sentries stood guard at the entrance. ⁷ Suddenly an angel of the Lord appeared and a light shone in the cell. He struck Peter on the side and woke him up. 'Quick, get up!' he said, and the chains fell off Peter's wrists.

¹² When this had dawned on him, he went to the house of Mary the mother of John, also called Mark, where many people had gathered and were praying. ¹³ Peter knocked at the outer entrance, and a servant named Rhoda came to answer the door. ¹⁴ When she recognised Peter's voice, she was so overjoyed she ran back without opening it and exclaimed, 'Peter is at the door!' ¹⁶ But Peter kept on knocking, and when they opened the door and saw him, they were astonished. ¹⁷ Peter motioned with his hand for them to be quiet and described how the Lord had brought him out of prison. **'Tell James and the other brothers and sisters about this**,' he said, and then he left for another place.